

## ERS ONLINE COURSES TECHNICAL RECOMMENDATIONS

## **Sessions**

An online course consists of 7 virtual sessions of 1 hour each. Each session will closely simulate a lecture-based teaching experience. The speaker can interact with the audience, just as in a classroom setting.

Each session may comprise a 45-minute-long lecture followed by a 15-minute question-and-answer section. During a session, you may be asked to share your opinion on issues related to the topic through interactive polls. When interactive polls are available, your answers are not evaluated but participation is required to obtain the CME credits.

All participants will be able to hear the lecturer and see the slides throughout the presentation. As a participant you will be able to pose questions or discuss ideas with the other participants via the text chat. The chair of the session will read the questions and the speaker will answer them live.

## Log in guidelines

To attend a session, you will need to log in to an Adobe Connect platform. We will send you login information one week before the first session is due to commence as well as reminders one day before each of the remaining sessions.

In order to benefit from this live experience, we advise that you ensure that your equipment is compatible with the technical specifications listed here:

• Adobe Connect platform information

It is also recommended that you perform a system test.

- Please log in to the webinar 20 minutes before it is scheduled to commence. If you have any technical difficulties whilst trying to log in or during the session, please contact education@ersnet.org.
- Check Central European Time.
- To achieve the best quality, we recommend stopping all other programmes and to avoid downloading anything from the internet during your connection to the lecture.
- Please, ensure that your audio settings are not set to mute and adjust the volume to a comfortable level.